

TYSSEN COMMUNITY SCHOOL – AUTUMN MENU
 All of our Chicken produce and Lamb Burgers are Halal



Week 1

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|---|-----------------------------|--|--|---|--|--|
| w/c: 8 Jan 29 Jan 26 Feb 19 March | Monday | Tuesday | Wednesday | Thursday | Friday | |
| | Main Meal Option | Lamb Mince Served with Spaghetti & Broccoli (G) | HALAL Roast Chicken Served with Potato Wedges & carrots | HALAL Lamb Burger In a Bun Served with Sweetcorn & Peas (G,SeSu) | HALAL Cajun Chicken Served with Rice & Roast Vegetables | Battered Cod or Salmon Puff Baked with Chips & Baked Beans (G,F, E, M) |
| | Vegetarian Option | Lentil & Vegetable Served with Spaghetti & Broccoli (Ce,G) | Caramelised Onion & Cherry Tomato Quiche Served with Potato Wedges & carrots (E,M,G) | Quorn Burger in a Bun Served with Sweetcorn & Peas (E,Se,G) | Vegetarian Chilli Served with Rice & Roast Vegetables (Ce,E) | Bean Wrap Served with Chips & Baked Beans (G,M) |
| Dessert | Apple Crumble Custard (G,M) | Oat, Ginger and Raisin Cookies Fresh cut fruit Yoghurt (G,E,M) | Jam Coconut Sponge & Custard (G,M,E) | Fresh Fruit Or Yoghurt (M) | Chocolate Brownie (G,M,E) | |



Week 2

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|--|----------------------------|---|--|---|--|--|
| W/C: 15 Jan 05 Feb 05 March 26 March | Monday | Tuesday | Wednesday | Thursday | Friday | |
| | Main Meal Option | Cheese & Tomato Pizza Served with Baked Beans (G,M) | HALAL Barbeque Chicken Served with Rice & Broccoli (Mu) | Roast Lamb & Stuffing Serve with Roast Potatoes, Carrots & Peas (G) | HALAL Chicken Sausage with Onion Gravy Served with Mashed Potato & Sweetcorn (G,Su) | Fish Fingers Served with Chips & Peas (F,G) |
| | Vegetarian Option | Stuffed Pepper Served with Baked Beans (M) | Vegetable & Lentil Strudel Served with Rice & Broccoli (G) | Cheese & Egg Flan Serve with Roast Potatoes, Carrots & Peas (G,M) | Quorn Sausage with onion Gravy Served with Mashed Potato & Sweetcorn (G,E) | Vegetable Samosas Served with Chips & Peas (G,E) |
| Dessert | Fresh Fruit or Yoghurt (M) | Ice Cream & Mandarin Orange (M) | Fresh Fruit or Yoghurt (M) | Carrot Cake & Custard (G,E,M) | Chewy Apple Flapjack (G,M) | |



Week 3

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|--------------------------------------|----------------------------|--|--|---|--|--|
| W/C: 22 Jan 19 Feb 12 March | Monday | Tuesday | Wednesday | Thursday | Friday | |
| | Main Meal Option | Lamb Korma Served with Rice & Carrots (Su,M) | Macaroni Cheese Served with Green Beans & Salad (G,M, Mu) | HALAL Roast Chicken served with Cabbage, Sweet Corn & Roast Potatoes (G, M) | Savoury Lamb served with , Cauliflower & Pasta Twist (Ce) | Battered Cod served with Chips & Baked Beans (F, G) |
| | Vegetarian Option | Sweet Potato & Lentil Korma served with Rice & Carrots (M) | Jacket Potato with Savory Quorn Mince served with Green Beans & Salad (Ce,E) | Cheese & Sweet Corn Puff Served with Cabbage, Sweet Corn & Roast Potatoes (G,M) | Mediterranean Vegetable served with Cauliflower & Pasta Twist (Ce) | Roast Vegetable & Lentil Tart served with Chips & Baked Beans (G, M) |
| Dessert | Fresh Fruit or Yoghurt (M) | Apricot & Raisin Slice (Su, G, M) | Fresh Fruit or Yoghurt (M) | Chocolate Cake & Chocolate Sauce (E,G,M) | Fresh Fruit Salad (M) | |



Allergen Coding:

| | | | |
|-----------------|--------------|----------------|-------------------------------|
| Fish (F) | Nuts (N) | Sulphites (Su) | Cereals containing gluten (G) |
| Peanuts (P) | Celery (Ce) | Lupin (L) | Crustaceans (Cr) |
| Soya beans (Sb) | Mustard (Mu) | Molluscs (Mo) | Halal (H) |
| Milk (M) | Sesame (Se) | Eggs (E) | |

Halal Meat Certification

Our chicken and lamb burgers are halal certified and supplied by William Warman and Gutteridge Ltd.

Halal Food Authority (HFA) are one of the original certification bodies, however due to the value and rapid increase of halal meat demand there are other Muslim halal certification organisations monitoring and authorising meat and food products for the Muslim market. There are three companies certifying halal meat to William Warman and Gutteridge Ltd. Two are UK based and one in Germany (which has an English website). Looking at the mission statements and ethos of each company the School believes that the principles confirming the meat and poultry supplied to William Warman and Gutteridge Ltd meets the standards adopted by HFA.

Certification is supplied by the following suppliers to William Warman and Gutteridge Ltd:

Halal Consultations - <http://halalconsultations.com/>

Mr Masood Khawaja is a director at Halal Consultation and is the founder of halal certification in the UK and founder and former chief executive of HFA. He has offered to personally answer any queries parents/carers have relating to the authenticity of halal meat originating from the meat suppliers his company certifies. Tel: 07834 572 741

Halal Authority Board - <http://www.haboard.com/>

Halal Certification Germany - <http://www.halal-certification.de/en/>